



MIDDLETON GROVE  
INDEPENDENT LIVING WITH SUPPORT

## INDEPENDENT LIVING APARTMENTS AVAILABLE FOR RENT – PRICES 2023-24



“A Unique independent lifestyle combining spacious accommodation with the comfort of a country house hotel.

The Middleton Grove apartments are comfortable apartments to furnish to your own standard with the benefits that come with Independent Living with Support.

They are found on the ground and first floor several of which are in the original Georgian part of Middleton Hall.

A range of service packages are offered that remove the main onerous household chores and provide maximum flexibility and choice for residents. This includes meals, housekeeping and laundry. The standard package provides one daily main meal along with housekeeping and laundry services. The full board package offers an all-inclusive service.”

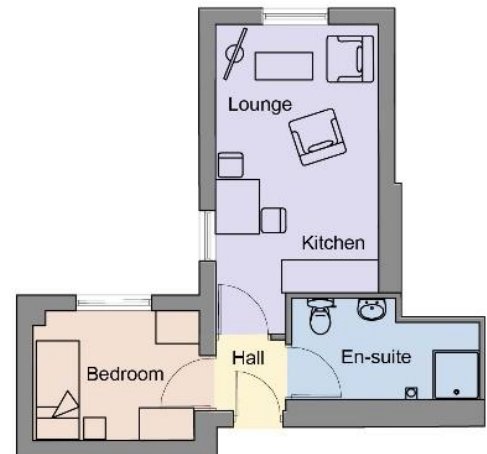
The brochure and Key Facts contain all the information about living in Middleton Grove

Please contact Caroline Soullier or Sue Jenkinson (Manager) on 01325 332207 if you are interested in knowing more about the services or to arrange a visit.

## APARTMENT 11

A north-west facing apartment on the first floor. With lounge, kitchenette and shower room. The bedroom includes a built in wardrobe, chest of drawers and matching bedside table. The kitchenette includes fitted cupboards, a fridge with a freezer compartment, sink and work space.

Room sizes: Lounge - 15.6 m<sup>2</sup>  
 Bedroom - 7.5 m<sup>2</sup>  
 Shower room - 5.6 m<sup>2</sup>



Weekly Fees	Standard	Part Board	Full Board
Rent	127	127	127
Service Fee	<u>725</u>	<u>795</u>	<u>870</u>
	£852	£922	£997

## APARTMENT 21 – OUR SHORT BREAK APARTMENT

This beautifully presented bedsitting room with en-suite has a large bay window looking south over the pond and the Cleveland Hills.

There is a built in wardrobe fitted with hanging as well as shelves and a bedside unit with space for a single bed.

Short stay breaks are charged at £1,120 for Full Board per week or £160 per night. Couples sharing are charged at £120 per person per night.

Care packages are available in Middleton Grove from £40 per hour



## Middleton Grove Service Packages

For all residents we have a wide range of activities taking place every day based on our residents' interests. Currently these include scrabble, jigsaws, bingo, embroidery, flower arranging and quizzes. We also hold film afternoons, Cheese and wine evenings and current affairs discussions. There is also an opportunity for gardening and wildlife discussions as well as well attended bridge and dominoes clubs.

Once a week a dedicated member of the Middleton Grove team is available to spend time with residents on a one to one basis. Examples have included crosswords, shopping trips or the opportunity for a good chat. Both our residents and staff benefit from this dedicated time giving everyone a chance to get to know each other better.

Each service package is designed to give an individual choice of support for a successful lifestyle in Middleton Grove. All residents enjoy morning coffee in the reading room, a pre-lunch sherry and wine with main meals, weekly trips to places of interest plus shopping trip. Transport with a driver is available for all medical appointments.

The use of Middleton Spa for independent and assisted sessions in the swimming pool or gym, exercise classes and time with our Healthy Living staff.

The Standard Daily Living Package includes:

- A choice of one main meal, lunch or evening meal, daily
- Linen and personal laundry as required
- Housekeeping includes daily emptying of bins, a one hour weekly clean and deep clean quarterly with carpets cleaned twice a year as necessary

An additional meal can be added to the standard package per day for an extra charge with a choice of breakfast and a main meal or two main meals.

The Full Daily Living Package includes all the above plus:

- Early morning tea and breakfast in your apartment
- Lunch, afternoon tea and an evening meal
- Additional housekeeping including, bathrooms and kitchens checked daily and an extra hour a week cleaning

Other packages available include:

- A member of staff to accompany you to an appointment in addition to the driver
- Additional cleaning package
- Personalised exercise and nutrition plans

Weekly care package. These are assessed by the Middleton Grove Manager and charged by the hour, they include help with dressing, undressing, showering and bathing