



MIDDLETON SPA

HEALTHY LIVING

BEAUTY AND HOLISTIC THERAPY TREATMENTS



Price List

offered by - Janet Waugh

To book an appointment please phone
Middleton Spa - 01325 528187

Manicure

Basic manicure – cuticle work, file, buff, polish and massage.

Treatment time: 30 mins

Price: £15

Deluxe manicure – cuticle work, file, buff, polish, hand and arm massage, essential oils, paraffin wax.

Treatment time: one hour

Price: £25

Nail art – different designs – full set

Price: £10-£15

Pedicure

Basic pedicure – as manicure, plus exfoliation.

Treatment time: 30 mins

Price: £15

Deluxe pedicure – as above, plus foot spa, essential oils and paraffin wax, leg and foot massage.

Treatment time: one hour

Price: £25

Facials

Basic facial- cleanse, tone, exfoliate, mask and moisturise, massage movements.

Treatment time: 30 mins

Price: £20

Deluxe facial – as above, plus steam and exfoliation, skin analysis and consultation.

Treatment time: one hour

Price: £25

Ultimate deluxe facial – as above, applying Gatineau top of the range beauty products.

Treatment time: one hour

Price: £30

Eye treatments

Eyebrow shape and treatment

Treatment time: approximately 10 mins Price £10

All other eye treatments including eyelash and brow tinting and eyelash perming require a 24 hour skin test.

Treatment time: 35-40 mins Price: tint £10, perm £15

Tanning

St Tropez tan - exfoliation and tan.

Full body treatment: 30-45 mins Price: £25

Waxing

Full body: legs, underarm, bikini line, eyebrows

Price: £25

Legs

Price £15

Bikini line

Price £10

Underarm

Price £10

Eyebrows

Price £10

Make up

Make up application - day or night time look.

Treatment time: 30-45mins Price: £20

Ear Candling

Hopi Ear Candling - this is a procedure for helping with congestion. Helps with sinus and tinnitus and relieves headaches.

Treatment time: 30-45 mins Price: £20

Massage

Swedish body massage - an invigorating body treatment, helps to re-charge your batteries. Lie back and enjoy peaceful music.

Treatment time: one hour Price: £20 or £25 with oils

Indian head massage - a mega relaxing and unwinding treatment with meditation disk to transport you to a tropical paradise.

Treatment time: 30-45 mins Price: £15

Back massage.

Treatment time: 30 mins Price: £15

Reflexology

Reflexology - a fantastic foot treatment. Different parts of the feet relate to different parts of the body. Helps with pain and helps to relax.

Treatment time: 30 mins Price: £15 or £20 with oils

Additional Therapies

Neck and Jaw definition

Treatment time: 15 mins Price: £10

Cryo and EMS body toning system Price: £20

LED light face mask

Treatment time: 30 mins Price: £15