



# RESIDENT NEWSLETTER – JUNE 2018

## MIDDLETON HALL AWARDED INVESTORS IN PEOPLE PLATINUM



Sheila Warren, Registered Investors in People Practitioner, officially presented the Platinum award to Middleton Hall. IIP, as it is known, is an international standard that defines what it takes to lead, support and manage people effectively.

The accreditation process is a lengthy and robust one. It involves assessment of all our procedures, such as recruitment, training, leadership, management of change, and communication. Staff throughout Middleton Hall were interviewed during the assessment process.



There are three levels of achievement – silver, gold and platinum. We are delighted with the platinum award, which only 0.5% of accredited companies worldwide attain. It also reflects progress; Middleton Hall has been IIP accredited since 2002, earning Gold in 2011 and now Platinum. It also means that other organisations in the care sector and beyond will see Middleton Hall as a benchmark to learn from and aspire to.

Sheila Warren said

**“It has been a pleasure and a privilege working with Middleton Hall Retirement Village throughout their Investors in People journey. It’s fantastic to witness the investment in staff, which delivers such a great experience for residents and their families.”**

## THE ART STUDIO & LIBRARY OPEN DAY SATURDAY 9<sup>TH</sup> JUNE 11.30AM – 2.00PM

**Come and have a look at the lovely new facilities!**

Everyone is welcome at a drop-in session to try their hand at some arts and crafts activities in the Art Studio. Learn more about what we have planned and pick up a monthly programme of events and sessions.

The first organised arts and crafts session is on **Monday 11<sup>th</sup> June at 10.00am** – please book at Spa Reception if interested.

Les Simpson will give a talk ‘An Introduction to Pottery’ in the Conservatory at **10.00am on 15<sup>th</sup> June**. Les will be leading an 8-week course starting on 6<sup>th</sup> July. Again, please book a course place at Spa Reception (there is no need to book for the introductory talk).

Make sure you also check out the new spacious library! Huge thanks to Alan and Margaret Mackie, who with friends are working hard to make the transition from the previous room as smooth as possible. Their help over many years has been invaluable and their enthusiasm for the new library home is greatly appreciated.

(Both the Art Studio and Library are accessed via the terrace outside the Orangery.)

## A RIGHT ROYAL WEDDING

We thoroughly enjoyed the Royal Wedding build-up and the day itself!

The event was an inspiration for activities throughout the preceding week. It was thoroughly



discussed at Current Affairs (is giving the bride away appropriate for modern Britain?!) and there were decorations, cakes, knitted bunting and crowns galore.

Jeremy wrote his latest blog with love in mind – check it out on the website (look at News on the homepage).

***“To succeed in life, you will need three things; a wishbone, a backbone and a funny bone”***

## WELCOME TO ...



Brian and Christine Jackson (top row) of 22 The Waterside, and Eleanor and Jock Mackirdy (bottom row) of 26a The Waterside. We wish you lots of luck and happiness in your new homes.

## CHICKENS DO COME BEFORE THE EGGS

New residents! 9 Pekin hens arrived at Middleton Oaks, kindly donated by a local Middleton St George resident who breeds them.



They join Sage and Cranberry, long-standing hens, in the swanky new chicken coop and run.

All residents of Middleton Hall are welcome to visit and make their acquaintance. The Pekin variety is known for its friendliness, offering companionship and entertainment with their funny ways.

Ps. They love grapes!



## MEDAL AWARD FOR KEN

Congratulations to Ken Andrews, who has been awarded a War Medal and a Burma Star Medal for his services to the Durham Light Infantry from 1939 – 1945.



Ken was a keen Royal Airforce cadet as a young boy, then went on to join the Royal Airforce. However, when war broke out, he was called up to the army. He has fond memories and many stories of his time spent in India, Burma, Malaya and Singapore.

## CD PLAYER REQUEST

Does anyone have a CD player that they no longer want or need? Middleton Grove has a requirement for one and would very much appreciate a donation. If you do, please hand it in to either Middleton Grove or Reception. It will be PAT tested and put to a very good use.

## BIRD LIFE AND LIST



Thank you, Ian Thomson, Waterside resident, for your work in compiling a comprehensive list of birds spotted on the Middleton Hall estate. A keen and experienced birdwatcher, Ian has also included a beautiful account of bird life throughout a year at Middleton Hall.

The leaflet is available as a print out at reception and on the MH website in the Life at Middleton Hall, or search Estates.

A Moorhen from a new brood has been visiting Supported Living every day for the past 2 weeks and a fascinated resident has kept up to date with sightings. She decided to name him after the new Prince Louis! Just the other 8 babies to name now and Mother of course.

## SHOPPING TRIPS VOTE

The Customer Satisfaction Survey revealed some mixed opinions about the leaving times of buses for shopping trips. A vote for Middleton Woods and Waterside residents was therefore held to confirm the most popular times.

Thank you to the 28 people who voted. The result was that the times remain unchanged (more detailed results are available at Reception).

Mon. to Yarm	10.30am
Wed. to Northallerton	9.30am
Wed. to M'boro or Teesside Park	10.00am
Fri. to Darlington	1 <sup>st</sup> bus 9.45am
	2 <sup>nd</sup> bus 10.45am

## ARE YOU GOING AWAY ON HOLIDAY?

With the approach of the holiday season, we would like to give a gentle reminder that residents of The Waterside and Middleton Woods should let Reception know their holiday dates.



If an alarm goes off, staff in Middleton Court/Middleton Grove need to know what the situation is and whether they need to go and help. Also, any medication delivered at Reception while you are away can be returned to the pharmacy for redelivery at a later date.

***"To succeed in life, you will need three things; a wishbone, a backbone and a funny bone"***

## ALL THE LATEST FROM THE SPA SPA FOOTBALL WORLD CUP CHALLENGE



**9048 kilometres**

**1-18<sup>th</sup> June**

9048 km is the distance of the return journey to Russia, stopping by at all three venues for England's first round matches. We are aiming to achieve this distance by the following;

**1 minute on the cardio machine or 2 lengths of the pool both earn 1 kilometre. Log your contribution at the Spa reception and on we go!**

England's first round matches will be screened in the Vision Room for all those who would like to watch with a bit of like-minded company.

**Monday 18<sup>th</sup> June, 7.00pm Tunisia v England**  
**Sunday 24<sup>th</sup> June, 1.00pm England v Panama**  
**Thursday 28<sup>th</sup> June, 7.00pm England v Belgium**

## WALKING FOOTBALL SESSION WEDNESDAY 6<sup>TH</sup> JUNE 1.30 – 2.30PM

Walking football is taking off around the country, with the first international match being played recently (England beat Italy!). Tommy Charlton is in the national squad. Wonder if Jack and Bobby went to watch?!

The game has very specific rules that outlaw all running and allows either no contact or minimal physical contact between players. It is giving an opportunity to those who loved playing the game before to take up the sport again.

Why not give it a try here at Middleton Hall? Meet at the Pavilion at 3.30pm. Ask one of the Spa team if you would like to know more.

## SPA OPENING TIMES

Please note that following resident feedback, the opening times of the Spa are changing so that residents will now have longer access times.

The times from **1<sup>ST</sup> June** are as follows;

**Mon – Fri**            **7.15am – 8.00pm**  
**Sat**                    **7.15am – 3.30pm**  
**Sun**                    **8.15am – 12.00pm**

You may use the facilities ANYTIME throughout the opening hours apart from 10:30am-12.00pm and 2:30-3:30pm as this is when the assisted 1 to 1 sessions are held. I.e. you are not limited to the blue shaded areas of the timetable. You can also use the Spa during the green shaded times.

## CUPCAKE DAY FOR THE ALZHEIMER'S SOCIETY, THURS 14<sup>TH</sup> JUNE



Middleton Oaks is supporting the national Cupcake Day, raising funds for the Alzheimer's Society. Staff and residents will be selling cakes directly from Reception or you can come to the Winter Garden (the middle of Middleton Oaks) from 11.00am.

## 'MIDDLETON HALL 'BUSY-NESS'

Dorothy Brown of Middleton Court 'made a wish' and went on a lovely trip to Richmond, followed by afternoon tea and a visit to see the cat that she used to watch out of her window at Middleton Hall, now re-housed with the family of a carer.

Flower arranging has been at the fore. Ladies from Darlington Flower Club treated us to a demonstration and gave out their displays for us to enjoy. This was the inspiration for additional flower arranging sessions in the care services.



Following resident feedback, more information is now added to the Activity Planners in the care services. These regular weekly sheets are available for anyone to refer to – please ask if you would like to see one.

Debby Lamont says, 'Thank you' for all the positive resident feedback from the recent Gold Standard Framework talk and Dementia workshop. A further date for the latter will be announced soon.

## NEW 'WHAT'S ON' AVAILABLE NOW

Take a look at the latest **What's On** giving details of events and activities for July, August and September.

In particular, you will see that you can now purchase tickets for the Grand Luncheon on Thursday 6<sup>th</sup> September (not Wednesday as in the What's On – apologies for this error). We are pleased to announce that BBC Presenter Colin Briggs will be our guest speaker. Tickets are £22.00.

## PHOTOGRAPHY GROUP CHANGE

Please note that the Photography Group will now meet on the second and last Wednesdays during summer months. Exact dates will be on the screen at Reception.

***"To succeed in life, you will need three things; a wishbone, a backbone and a funny bone"***

## CAPTION COMPETITION

Well done to John Bright, local resident and Spa member, for his winning entry to last month's ambulance caption competition with; **"9-9-0 dear!"**

Chosen by Lesley Henderson, Finance Director "Simple and effective!" A voucher has been awarded.

## INTRODUCTION OF PAGING SYSTEM

In June, call bells in the care services will be replaced with pagers. Feedback in the Customer Satisfaction Survey told us that the sound of call bells could be disruptive. The new system will send a call directly to a member of staff's pager and can then be answered swiftly – and silently!

## CAR WASHER EXTRAORDINAIRE

Do remember that Malcolm Hodgson visits on the first Wednesday of every month to wash the cars of residents as well as our company vehicles. He does a very good job at reasonable prices and has many regular customers.

The charges are;

**Hand Wash - £5 per car**

**Mini Valet - £15 per car**

**Full Valet - £35 per car**

**Executive Valet - £65 per car**

Please bring the keys and money in an envelope marked with the car registration to Reception, then park your car in the visitor car park. Malcolm collects the keys from Reception and brings them back along with the car when finished. Job done!

## A LITTLE NOTE ABOUT LOST PROPERTY

Please remember that all items of clothing must be named! Residents may require a little helping hand from families.

Name labels can be ordered at Middleton Hall at a cost of £8.00 for 72 labels, or they can be ordered via the internet. In the short-term before labels are sewn on, names can be written on garment labels with permanent marker pen.

If you think you have an item of clothing missing, we can arrange to look through the lost property with you. Please speak to a member of staff in your care service.

## STUDENT NURSE PLACEMENTS

You may see some new faces around. From June, Middleton Hall will be working with Teesside University in providing placements for 1<sup>st</sup> year student nurses. This is an excellent opportunity, firstly for us to showcase what 'outstanding' looks like, and secondly for the students to return to university having learnt a little bit about supporting older people in living well.

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## SUSTAINABILITY PROGRESS

All Morrisons shops now offer a new service that is great news for recycling and reduction of plastic use/wastage; if you take your own containers, they will use them at meat, fish, delicatessen, and vegetable counters. Try it!

## No. 4 MIDDLETON WOODS FOR SALE

Do you know of anyone who may be interested in purchasing a 2 bedroom, ground floor apartment? Please let them know of our availability and the lifestyle that living at Middleton Hall offers. Caroline Soullier can provide further information, or search Middleton Woods Availability on the MH website.

## REGULAR MOVIE DATES

Friday nights are movie nights! All are welcome to the **Vision Room at 6.30pm** to watch films with Middleton Grove residents. The programme for June is as follows;

**8<sup>th</sup> Victoria and Abdul**

**15<sup>th</sup> Grease**

**22<sup>nd</sup> Churchill**

**29<sup>th</sup> Tea with Mussolini**

## HELLO AND GOODBYE TO ...

Wilma Hestletine joins the Nights team as RGN (nurse). Welcome, Wilma.

Caroline Clayton has moved from the Nights team to the daytime Middleton Gardens, Hotel Living team. Jackie Lambert has made the opposite move, from Middleton Gardens, Hotel Living to the Nights team.

## OTHER IMPORTANT DATES

**Holy Communion – 4.30pm on 10<sup>th</sup> and 24<sup>th</sup> June** in the Vision Room.

**Chiropody – Ben Hay** will next visit Middleton Hall on **2<sup>nd</sup> and 3<sup>rd</sup> July**.

## COMING SOON IN JULY!

**Wed 4<sup>th</sup> American Independence Day Dinner**

**Wed 11<sup>th</sup> Pie Night**

**Weds 18<sup>th</sup> Bastille Night**

**Weds 25<sup>th</sup> South East Asia Evening**

## MEMORY CORNER

*Fordest memories, much loved, never forgotten ...*

Joanne Smith      Elizabeth Ascough  
Hazel I'Anson

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